### Creation of the World YOUR TZIVOS HASHEM MISSION(S)

You have the most important job: to fill the world with mitzvot! You can use the delicious food Hashem created for a mitzvah.

HERE IS YOUR FIRST MISSION AS A TZIVOS HASHEM SOLDIER:

Make at least one bracha on food every day!

Hashem wanted a world filled with mitzvot. He created people that would use all of His creations to fill the world with mitzvot.

### Shabbat YOUR TZIVOS HASHEM MISSION(S)

- Make Kiddush with your family. Use your kiddush factory kit and follow the instructions inside.
- BONUS MISSIONS: DO THE FULL SHABBAT CHALLENGE!
- Light candles
  Go to shul
  Go to shul
  Eat challah
  Have a family meal

Hashem created the world in 6 days and rested on Shabbat. We are like Hashem and rest from all the ordinary weekday things and celebrate Shabbat!

### The Eitz Hadaat YOUR TZIVOS HASHEM MISSION(S)

# O This week I will listen to my neshama voice and not the tricky voice.

We can follow Hashem's directions and make the right choices when we listen to our neshama voice and not our tricky voice.

### Noach YOUR TZIVOS HASHEM MISSION(S)

#### I'm going to remind those around me that hashem wants a world of kindness by...

- O Hanging a "world of kindness" sticker on my desk, locker, or bulletin board at school.
- O Choosing to do the right thing even when those around me are not.

Hashem wanted our world to be filled with mitzvot and all people to make the right choices. But Noach's generation didn't do what Hashem wanted. Noach stood strong and did the right thing, even though that meant being different from everyone else.

#### Avraham & Sarah YOUR TZIVOS HASHEM MISSION(S)

#### Be like Avraham & Sarah and Teach People Around You about hashem

- Wear a kippah to school or in your home- everyone will know you are a proud Jew.
  - Have others call you by your Jewish name for a day.
  - Attach your proud Jew keychain to your backpack.

Avraham & Sara h were the first mother and father of all the Jewish people. They are our great-great-grandparents. Avraham knew that Hashem is the one G-d of the world and taught everyone about Hashem.

#### Avraham's Tent YOUR'TZIVOS HASHEM MISSION(S)

#### Make an extra effort to do kindness this week.

#### Here are some ideas:

- Is there a sibling you sometimes argue with? Try to be kinder to them
- Is there a classmate you don't usually play with? Try include them
- Do you see mom working hard? Offer to help her with a chore

Avraham & Sarah treated everyone with extra kindness. Be like our great grandparents Avraham & Sarah!

#### Yitzchak Marries Rivkah YOUR TZIVOS HASHEM MISSION(S)

## O Eat challah this Friday night or Shabbat day (Saturday) with your family.

Use the challah you made in Hebrew school to celebrate Shabbat! Freeze it during the week so that it stays fresh, then take it out Friday morning to defrost.

#### BONUS MISSION!

• Wash and say Netilat Yedayim before you eat it and make the blessings (find out how on the back of this card).

Our great-grandmothers Sarah and Rivkah were such special Jewish mothers. They were the first women to make challah and light Shabbat candles. Be like our great grandmothers Sarah & Rivkah!

### Yaakov & Eisav YOUR TZIVOS HASHEM MISSION(S)

O Read this week's parsha and share it with your family at dinner!

Learn Torah online at chabad.org/kids, a virtual platform full of Torah videos and stories!

Our grandfather Yaakov spent all day learning Torah and always acted in the way the Torah teaches us. He was the right one to continue our Jewish family. Be like our great, great grandfather Yaakov and learn lots of Torah!

## Yaakov Marries Rachel & Leah YOUR TZIVOS HASHEM MISSION(S)

Remember to kiss the mezuzah every time you pass it

If you don't have one yet on your front door or bedroom, ask your rabbi to hang one up.

Our great-great-grandparents Avraham & Sarah, Yitzchak & Rivkah, Yaakov, Rachel & Leah started our Jewish family. Always remember that you are their proud Jewish grandchildren. No matter where we are, we have a Jewish home with a mezuzah proudly on our door!

#### Hashem Protects Yaakov YOUR TZIVOS HASHEM MISSION(S)

# Say Shema every night this week! (Check out the back of the postcard)

#### MEDITATION:

Hashem is the One G-d in the seven heavens and the four corners of the earth. He created the entire world and watches over me at every second. I never need to be afraid, because Hashem is always with me!

Our great grandfather Yaakov knew Hashem would keep him safe from Lavan & Elsav. Hashem promised to always protect our Jewish family. When we feel worried or scared we can trust and rely on hashem to help us. The Shema prayer that we say every night reminds us that Hashem is with us, watching us and protecting us.

#### Yosef is Sold as a Slave YOUR TZIVOS HASHEM MISSION(S)

#### Say Thank G-d or Boruch Hashem this week

When someone asks you how you are or when something good happens to you.

Even when Yosef was far from his Jewish family, he always remembered Hashem. Be like Yosef Hatzadik!

#### Bonus Round YOUR TZIVOS HASHEM MISSION(S)

#### I will say...

O Shema before going to sleep

O Brachot before eating I will celebrate Shabbat...

- Myself or my mom will light Shabbat candles
- Said or heard kiddush
- O I will wash and eat challah

## I will be a proud Jew by...

- O Wearing my Kippah for a day
- Asking others to call me by my Jewish name

I will live Jewishly by...

- Kissing the mezuzah all week
- Learning extra
   Torah on
   Chabad.org/kids
- O I made extra effort to be more kind
- Listening to my neshama and not my tricky voice



#### START YOUR DAY OFF WITH GRATITUDE!

# Say Modeh Ani as soon as you wake up in the morning! (Check out the back of the postcard)

Yosef always had a good attitude. This helped Yosef stay strong even when his life was hard. I can have a good attitude and be grateful even in hard times—just like Yosef.